



AESTHETICS & WELLNESS

BOTULINUM TOXIN - TYPE A PRETREATMENT

- ❖ Please let us know of any new medication or If you are taking any herbal supplements.
- ❖ Avoid alcohol 24 hours before treatment due to risk of bruising and impaired judgment
- ❖ Notify your provider if you have any of the following, as these are contraindication to treatment:
 - An allergy to human albumin
 - History of neurological and/or autoimmune diseases
 - If you are pregnant or nursing.
- ❖ Active infection in the area of treatment, is also a contraindication to treatment.

Medications to discontinue 3 days before treatment (7 days if time allows):

- | | |
|---|--|
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Vitamin E |
| <input type="checkbox"/> Ibuprofen (Motrin, Advil, Aleve) | <input type="checkbox"/> Ginger |
| <input type="checkbox"/> St. John's Wort | <input type="checkbox"/> Ginkgo Biloba |
| <input type="checkbox"/> Omega 3 fatty acids (Fish Oil) | <input type="checkbox"/> Ginseng |

If you have been prescribed aspirin or any prescription blood thinner, do not discontinue unless permitted by your prescribing physician.

BOTULINUM - TYPE A POSTTREATMENT

- ❖ Perform dynamic movement facial expressions for the next hour
- ❖ Do not manipulate the injections sites
- ❖ Avoid lying down or bending forward for 4 hours after treatment
- ❖ Please contact your provider with any questions or concerns
- ❖ Avoid exercise for 12 hours post procedure, or the remainder of the day

What to expect:

Effects: It takes from 2 days up to 10 days to see the effect of the treatment

Bruising: Although we strive to avoid this, this is a risk as we are injecting into your face, which is a very vascular area. If bruising occurs, this will disappear within a week time.

Contact Aria Aesthetics & Wellness with any questions or concerns that you may have. info@arianc.com