



AESTHETICS & WELLNESS

MICRO NEEDLING PRETREATMENT

CONTRAINDICATIONS

Although it is impossible to list every potential risk and complication, the following are recognized as known contraindications to micro needling. Furthermore, it is your responsibility to fully and accurately disclose all medical history prior to initial treatment, as well as provide any necessary updates at all future treatment sessions.

If you have any of the conditions listed below, you should bring it to the attention of your provider PRIOR to signing the consent form.

- Active acne
- Active infection of any type (bacterial, viral, or fungal)
- Blood thinner medications
- Cardiac disease/abnormalities
- Chemotherapy or radiation
- Collagen Vascular Disease
- Eczema, Psoriasis, or Dermatitis
- Hemophilia / bleeding disorders
- Hormone Replacement Therapy
- Keloid/hypertrophic scarring
- Pregnancy / Lactation
- Raised lesions (moles, warts, etc.)
- Recent chemical peel procedure
- Recent use of some topical medicine
- Any history of Accutane use
- Rosacea
- Scleroderma
- Skin Cancer
- Sunburn
- Tattoos
- Telangiectasia/erythema
- Uncontrolled diabetes
- Vascular lesions (hemangiomas)

You will need to discontinue any Retin-A products or Tretinoin derivatives, 1 week prior to treatment.

Notify your provider if you have a history of oral herpes simplex virus or cold sores. Pre-medication 3-5 days in advance is recommended.

MICRO NEEDLING POSTTREATMENT

- ❖ Your face will be red and feel like a sunburn for 12-24 hours.
- ❖ You may rinse your face with tepid water.
- ❖ Do not scrub face- only rinse with water and pat dry for the first 24 hours
- ❖ Do not scrub face- only rinse with water and pat dry for the 24 hours after treatment
- ❖ Do not apply creams to the treated area for the first 8 hours after treatment
- ❖ You may apply make-up 24 hours after treatment. Use clean applicators and brushes in order to assist in preventing infection.
- ❖ Avoid any sun exposure for the 12 hours after treatment. After that time frame, apply a sunscreen with at least 25 SPF.
- ❖ 2-4 days after treatment, you may experience flaking and dryness. Apply moisturizer daily and as needed.

Contact Aria Aesthetics & Wellness with any questions or concerns that you may have. [info@arianc.com]