



AESTHETICS & WELLNESS

LASER THERAPY PRETREATMENT

Pretreatment for YAG 1064nm medical aesthetic laser.

Contraindications:

- ❖ Pregnancy
- ❖ Sunburned or irritated skin at the site to be treated
- ❖ Unidentified skin conditions in the area to be treated
- ❖ History of poor healing with previous laser therapy
- ❖ Prone to skin discoloration/hyperpigmentation
- ❖ Taking photo-sensitizing medications (see list at <http://arianc.com/appointments/photosensitizing-medications>). Please consult with your prescribing physician before stopping any medications.
- ❖ History of Lupus or other light sensitive medical conditions
- ❖ History of keloid scarring (hypertrophic scarring)

If you are using a topical retinol, stop using it at least two days prior to your treatment day.

If you have permanent make-up (tattoo make-up), those areas will not be able to be treated as it will fade.

If you have pigmented lesions or moles, these should be checked by your primary care physician or dermatologist to ensure they are not malignant.

LASER THERAPY POSTTREATMENT

Use broad spectrum SPF 30 or greater after your laser treatment. We recommend a mineral based sun screen, such as PCA Skin® Hydrator Plus Broad Spectrum SPF.

Use the post treatment care skin products, as this can help improve your results of the laser therapy.

If you are being treated for acne, make sure you pay attention to possible cross contamination:

- ❖ Discard any liquid makeup and clean your make-up brushes
- ❖ Clean things that come in contact with your face: pillow case, phones, clothing

If receiving treatment for skin rejuvenation/anti-aging, optimal results are obtained with a series of three treatments and then annually.

If receiving treatment for melisma, rosacea, psoriasis, or acne, this treatment is for management of the disease and not a cure. Subsequent treatments to control the disease are needed.

Contact Aria Aesthetics & Wellness with any questions or concerns that you may have. info@arianc.com