



## AESTHETICS & WELLNESS

### **HYDROQUINONE** information sheet

**Use:** Lightens dark patches on the skin. Topical (on the skin) application.

**When This Medicine Should Not Be Used:** This medicine is not right for everyone. Do not use it if you had an allergic reaction to hydroquinone or sulfites.

#### **How to Use This Medicine:**

- Do not use more than directed: twice a day.
- Use this medicine only on your skin. Rinse it off right away if it gets on a cut or scrape. Do not get the medicine in your eyes, nose, or mouth.
- Wash your hands with soap and water before and after you use this medicine.
- After you wash your face, apply a thin layer of the medicine to the affected area. Rub it in gently.
- Missed dose: Apply a dose as soon as you can. If it is almost time for your next dose, wait until then and apply a regular dose. Do not apply extra medicine to make up for a missed dose.
- Store the medicine in a closed container at room temperature, away from heat, moisture, and direct light.
- **Avoid using retinol when using this medication.**

#### **Warnings While Using This Medicine:**

- Tell your practitioner if you are pregnant or breastfeeding, or if you have asthma.
- Cover the treated skin with a mineral-based sunscreen or clothing.
- Call your practitioner if your symptoms do not improve or if they get worse.
- Do not use this medicine to treat a skin problem your practitioner has not examined.
- Keep all medicine out of the reach of children. Never share your medicine with anyone.

#### **Possible Side Effects While Using This Medicine:**

**Call your practitioner right away if you notice any of these side effects:**

- Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest tightness, trouble breathing
- Intense itching, blistering, swelling, or blue-black darkening of your skin

**If you notice these less serious side effects, talk with your practitioner:**

- Mild redness or stinging

**If you notice other side effects that you think are caused by this medicine, tell your practitioner. Call your practitioner for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088**

**Duration of treatment:** \_\_\_\_\_