



## AESTHETICS & WELLNESS

### MEDICAL GRADE PEEL CONSENT

This is an informed consent document that has been prepared to help inform you of chemical skin peeling, its risks, as well as alternative treatments. It is important that you read this information carefully and completely. Please read each page and sign the consent.

Medical grade chemical peel use: \_\_\_\_\_

#### **Introduction**

Chemical skin peeling and other skin treatments have been performed for many years to treat a variety of skin disorders. Conditions such as sun damage, wrinkling, and uneven pigmentation may be treated with these non-invasive techniques. There are many different techniques and regimens for the application of chemical-peeling and skin treatment procedures.

Chemical skin-peeling procedures are not an alternative to skin tightening surgery when indicated. Alternative forms of management include not treating the skin with chemical-peeling agents or other medications. Improvement of skin lesions and skin wrinkles may be accomplished by other treatments such as micro needling, laser treatment, or surgery to tighten loose skin.

#### **Risks of Chemical-Peeling**

There are risks and complications associated with chemical-peels. An individual's choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although most patients do not experience the following complications, you should discuss each of them with your provider to make sure you understand all possible consequences.

- ❖ **Infection:** Infection is unusual. Bacterial and viral infections can occur. If you have a history of herpes simplex virus infections around the mouth, it is possible that an infection could recur following a chemical peel. Specific medications must be prescribed prior to the skin peeling procedure in order to suppress an infection from this virus. Should an infection occur, treatment including antibiotics or additional surgery may be necessary.
- ❖ **Scarring:** Although good wound healing after a surgical procedure is expected, abnormal scars may occur in the skin and deeper tissues. In rare cases, abnormal scars may result. Scars may be unattractive and of different color than surrounding skin. Additional treatments including surgery may be necessary to treat abnormal scarring.
- ❖ **Color change:** Chemical peeling agents can permanently lighten the natural color of your skin. There is the possibility of irregular color variations within the skin including areas that are both lighter and darker. Permanent darkening of skin has occurred after chemical peels. A line of demarcation between normal skin and skin

treated with chemical peeling agents can occur. Redness after a chemical peel may persist for unacceptably long periods of time.

- ❖ Skin Lesion Re-Occurrence: Skin lesions in some situations can recur after a chemical peel. Additional treatments or secondary surgery may be necessary.
- ❖ Delayed Healing: It may take longer than anticipated for healing to occur after a chemical peel or other treatments. Skin healing may result in thin, easily injured skin. You may be required to continue with a skin care maintenance program after a chemical peel.
- ❖ Allergic Reactions: In rare cases, local allergies to tape, suture material, or topical preparations have been reported. Systemic reactions, which are more serious, may result from drugs used during surgery and prescription medicines. Allergic reactions may require additional treatment.
- ❖ Sunburn - Certain types of chemical peeling agents may permanently leave the skin very prone to sunburn. Skin after a chemical peel may lack the normal ability to tan when exposed to light.
- ❖ Lack of Permanent Results: Chemical peel or other skin treatments may not completely improve or prevent future skin wrinkling. Neither technique can reverse the signs of skin aging. Additional surgical procedures may be necessary to further tighten loose skin. You may be required to continue with a skin care maintenance program.
- ❖ Heart Problems: Chemical peeling preparations have been reported to produce abnormal heartbeats that may require medical treatment should they occur during the procedure. This is a potentially serious problem.

**Additional Surgery:** There is many variable conditions, which influence the long-term result of chemical peeling. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with these procedures. Other complications and risks can occur but are even more rare. Should complications occur, additional surgery or other treatments may be necessary. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained.

My signature below acknowledges that I have read and understand the content of this informed consent. I have been given ample opportunity to ask questions, all of which have been answered in a satisfactory manner. I understand that results can vary and that no guarantee, neither expressed nor implied, has been or will be, given to me regarding my results. I'm aware of the risks and benefits associated with the procedure, as well as available alternative treatments. I understand that this is an elective procedure, performed solely for cosmetic purposes, and is not critical to my health. On my own free will, I am requesting and providing my informed consent, to undergo this procedure. I assume all risks as my own and agree to hold harmless, Aria Aesthetics and Wellness, PLLC and their providers, and any other staff member, affiliate, or independent contractor. I hereby release them from any liability, both seen and unforeseen, now and forever.

Patients or Legal Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_